

Office Tel: +91 80 23354039

+91 80 23354085

E-mail: com-hfws@karnataka.gov.in

COMMISSIONERATE Health & Family Welfare Services

No:NVBDCP/EST -7 E(1)/2023-24

Date: 17th Jan 2024

ADVISORY

(To General Public)

Subject: Regarding Covid 19 Advisory to be followed by General Public.

Reference: 1.Meeting Proceedings of 204thCovid 19 TAC, dated: 4th Jan 2024.

2. Advisory issued to general public , No:NVBDCP/EST-7 E(1)/2023-24,

Dated: 18.12.2023.

In view of the current scenario of Covid-19 in the State and recommendations of the Covid 19 State Technical Advisory Committee (TAC), in continuation to the Public Advisory dated 18.12.23 issued on the subject at ref (2), this advisory is issued.

The public at large is advised to comply with the following points -

- 1. Elderly persons (60 years and above), Co-morbid persons (particularly with Kidney, Heart, Liver, Lung ailments, etc.), pregnant women and lactating mothers, would need to protect themselves and take all necessary precautionary measures so as to keep respiratory illnesses and Covid at bay during this season.
- 2. Such persons would also need to monitor their health condition on priority and if they develop common symptoms of Influenza Like Illness (ILI), Severe Acute Respiratory Infection (SARI) they shall get tested at the nearest healthcare facility. And if found positive for COVID, necessary treatment shall be obtained, preferably at the healthcare facility. Even if tested negative for Covid-19, medical advice and treatment would be necessary for such persons to ensure the symptoms of ILI / SARI don't aggravate and one recovers early.
- 3. The persons with co-morbidities who test Covid positive, shall undergo thorough clinical evaluation and seek medical consultation at the earliest.
- 4. Necessary cooperation shall be extended by the family members of the Covid patients to the Doctors and staff visiting the Covid 19 patients under Home isolation. The visiting teams would test all symptomatic close contacts as per the testing protocol and also advice on medical consultation / hospitalization where found necessary. Such suggestions / advice shall have to be complied with, in the interest of the health of the Covid positive person, their close contacts and also the public at large.

PLP

5. The existing helpline under SAST shall serve as Covid helpline +9118004258330. Public may call here for general Covid related enquiries.

The concerned health authorities in BBMP and all the districts shall be disseminating the above information effectively through available media to all & compliance of the same is expected.

This advisory is issued in the larger interest of Public Health, so that general public is particularly well informed on the precautionary measures for Covid-19 to be followed during this time and to abide by the standard covid protocols and guidelines issued by State Government.

(Randeep D.)
Commissioner

Health & Family Welfare Services

To:

- 1. The Special Commissioner Health & IT, BBMP, Bengaluru
- 2. The Deputy Commissioners of all districts
- 3. CEO, ZP of all districts
- 4. Chief Health Officer, BBMP, Bengaluru (to disseminate the above advisory in BBMP)
- 5. The District Health and Family Welfare officers of all districts (to disseminate the above advisory in districts)
- 6. The District Surveillance Officers of all districts
- 7. The Mission Director-National Health Mission
- 8. The Director, Health & Family Welfare Services
- 9. The Director, Medical Education

Copy for kind information to:

- 1. Chief Secretary, GoK.
- 2. The Chief Commissioner BBMP, Bengaluru
- 3. The Principal Secretary to Govt. Dept. of Healh& Family Welfare, Vikasa Soudha, Bengaluru.
- 4. PS to Hon'ble Minister for Health & Family Welfare, GoK.

RLP